



# TASTING TABLE

An exclusive recipe to accompany the story found at <http://TastingTable.com>

## Sweep Steak

Recipe adapted from *The I Hate to Cook Book*

### Makes 4 to 6 servings

- 2- to 3-pound steak or pot roast
- Two 1-ounce packets of French onion soup mix

Preheat the oven to 300°. Place the meat in the center of a large sheet of aluminum foil and sprinkle it with the onion-soup mixture. Fold the foil around the meat so that it is completely enclosed, and place it in a baking pan. Cook the meat for 3 hours, until it's tender, then slice and serve.

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